## Newsletter

FAMILY & CONSUMER SCIENCES

#### **Boyle County Homemakers**



Kentucky Extension Homemakers Association



September 2025

Just a Note from your Agent

This	Mo	nth	's Is	ssue	<u></u>
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#### **Upcoming Events**

- Lancaster Road Club 100th Celebration- September  $9^{th}$  at the BCEO
- Executive Board Meeting-September  $15^{\rm th}$  at 12pm at the BCEO
- Council Meeting- September
   15<sup>th</sup> at 1pm, BCEO
- Constitution Square Festival-September 13<sup>th</sup> at Constitution Square
- Fall Flavors Tasting Party-September 18<sup>th</sup> Downtown Danville. See flyer for details.
- Mobile Food Pantry-September 19<sup>th</sup> from 12pm-2pm at the BCEO
- Aging Expo- September 20th from 10am-2pm at A Gathering Place on Jean Drive



September has arrived and so has the start of the 2025-2026 Extension Homemaker year. Stay tuned for all the different craft classes, club meetings, leader lessons, and more to kick off the new year. Leader

lessons will be in person this year at a different county office each month. Check the schedule in the newsletter to see where the lesson will be held.

September is "Selecting Sheets" with Tara Duty in Mercer County at 10am. There will be a YouTube video posted to go along with the lesson if you cannot attend in person. All Leader Lessons are open to the public so feel free to invite a friend.

The County Council is looking for a Treasurer, Vice President, and President Elect. If you are interested in serving in any of these roles or need more information, contact me and we can discuss it further.

Homemaker's Week is October 12th-18th this year. What a great opportunity to host events that might get new members interested in joining. Let's make the 2025-2026 year one to remember.



Alethea Bruzek

Boyle County Extension Agent for Family and Consumer Sciences



Tuesday 9 3-6 p.m.
2025

Boyle County Extension 99 Corporate Drive, Danville Kentucky

MORE INFORMATION TO FOLLOW ONTACT PERSON: DEBRA CALDWELL (859) 583-4313

#### **Announcements**

- Please remember to cancel your room reservation if you end up cancelling or moving your meeting. We appreciate your cooperation on this.
- Boyle County Extension Homemakers are currently looking for individuals to fill the county positions of Treasurer, Vice President, President Elect, and Management and Safety Educational Chairperson. If you are interested in any of these positions, please contact Alethea Bruzek at 859-236-4484 during office hours for more information.
- Food and Hygiene Supply Drive-FCS Extension Programs is partnering with The Housing Authority of Danville to help our neighbors in need. The Housing Authority of Danville serves individuals and families with affordable housing all across Boyle County. They are in need of re-stocking their food pantry with non-perishable food items. They also have a hygiene supply pantry that could greatly use personal hygiene products and home cleaning supplies. If you would like to participate, bring donations to the Boyle County Extension Office during the month of September. There will be boxes in the front lobby to collect donations.

#### Club News

Lancaster Road-Our club is busy making preparations for the 100th anniversary celebration coming up on September 9, 2025. We had a meeting on August 6th with fourteen members present. The new county horticulture agent, Kaitlin Farlee, came to introduce herself. After regular business discussion, we had lots to talk about with the celebration, volunteers needed for serving at the Farm Bureau Dinner, sewing and craft events on the schedule as well as homemaker week in October. Several ladies met to sew aprons on Monday, August 19th and Nancy Lindsay taught how to make a tote bag on the regular third Tuesday workday. Everyone is encouraged to sign up for the upcoming AARP Driver Safety Class on September 15th. Nancy Lindsay, the instructor along with her husband, guarantees you'll learn something and that they'll keep the class fun! Nancy is the State Coordinator for the Driver Safety Program in Kentucky, a volunteer position. The driver safety class is \$20.00 for AARP members and \$25.00 for non-members. Our next Lancaster Road club meeting will be September 3rd in the Project Room at 10:30. Hope to see you there!

<u>Wilderness Trail-</u>Summer is winding down and soon the leaves will be turning and hopefully a nice cold breeze will be settling in. Fall is my favorite time of year for sure. I love the smell of cinnamon and campfires, roasting marshmallows...yum! We will be gathering our fall crops of apples (making apple butter) and pumpkins and cleaning out the garden and starting a plan for the next year's rotation. Not so fun but necessary! I look forward to the festivals like Constitution Square, which is September 13 and Perryville Days which is October 3 & 4<sup>th</sup>, and of course, Forkland Festival, October 10<sup>th</sup> and 11<sup>th</sup>. Hope to see you there.

I look forward to starting club back each month. We have planned lots of things for the physical year thanks to Clara for hosting the officers for a pre-planning get paperwork done afternoon. Oh, and the snacks were awesome and so thoughtful thank you! Thanks to all for pre-signing up for leader lessons, host, helpful hints, and demonstration. This will make our September meeting much easier. Make sure you see Mary Elizabeth for your yearly dues and thanks to Rose, Rita Wright and Ramona for picnic committee planning. Also be mindful about upcoming committees what will be needed and if you can help for instance; Homemaker week, tasting party, homemaker of the year, charity guidelines, Farm Bureau fundraiser and Christmas party just to name a few, lol. I would also like for you to be thinking of ways to promote our club, for instance invite a friend to a meeting, tell someone about the classes that are being offered at the Extension office. You never know until you ask! *Remember your youngest picture of you is also the oldest picture of you-unknown*.

#### **August 2025 News and Notes**

**2026 KEHA Leadership Academy** – KEHA members are encouraged to apply for the third KEHA Leadership Academy, March 4-6, 2026! This leadership training will benefit the individual as well as county and area programs. Applications are due to the Area President by Oct. 1, 2025. The Area will select up to two nominees and one alternate by Nov. 1, 2025. Additional information, the application form, and fliers are available online at <a href="https://bit.ly/KEHALeadershipAcademy">https://bit.ly/KEHALeadershipAcademy</a>. Share the news with the following QR code, or use the <a href="https://bit.ly/KEHALeadershipAcademy">KEHA featured story!</a>



New Merchandise/Marketing Items – KEHA has new branded merchandise available for purchase. Several new items in a range of prices are available including an apron, stainless steel tumbler, travel first aid kit, and fold-up fan. Prices of several of the older items have been reduced to clear inventory. Contact 1st Vice President Martha Colley to check availability before placing an order. View items and find the order form and contact information at <a href="https://keha.ca.uky.edu/marketing-items">https://keha.ca.uky.edu/marketing-items</a>.

**Educational Chairperson Webpages** – The <u>webpages</u> for all eight state educational chairmen have all been updated with materials for planning the 2025-2026 KEHA program year.

**Cultural Arts Updates** – The KEHA Cultural Arts and Heritage programming offers multiple contests and ways to be involved. Contest rules have been clarified in the updated manual and the webpage has been revised at <a href="https://keha.ca.uky.edu/content/cultural-arts-and-heritage">https://keha.ca.uky.edu/content/cultural-arts-and-heritage</a>. Contact Cindy Moore, Cultural Arts and Heritage Chairperson, with any questions.



Fort Harrod Area

Heritage Craft Camp

October 25, 2025



**KEHA Week Materials Available Now** – Now is the time to start planning for KEHA Week Oct. 12-18, 2025. Refreshed materials following the theme *Stitched Together: A Plan for the Future*, are available now at <a href="https://keha.ca.uky.edu/celebrate-keha-week">https://keha.ca.uky.edu/celebrate-keha-week</a>. This theme aligns with the new KEHA presidential Program of Work. The KEHA Week online digital resource kit includes a planning worksheet, sample proclamation, milestone journal, membership gift certificate, social media graphics, and more. It is also a great time to start your county membership drive and dues collection.

**President Program of Work Announced** – KEHA President Henrietta Sheffel has announced the program of work for her term in office. The theme is *Stitched Together: A Plan for the Future*, and includes a "sewing plan" for your club, county, or area that includes three emphasis areas: purpose, planning, and product. The brochure is available in the Quick Links on the KEHA homepage at <a href="www.keha.org">www.keha.org</a>.

Save the Date for 2026 State Meeting – Next year's KEHA State Meeting will take place May 12-14, 2026, at the Hyatt Regency in Lexington, Ky. Watch for details, including room reservation information, at <a href="https://keha.ca.uky.edu/content/state-meeting-information">https://keha.ca.uky.edu/content/state-meeting-information</a>.





## 2025 FORT HARROD AREA ANNUAL MEETING

The Ties that Bind:
The History of Aprons and Homemaking in Appalachia



#### WHEN:

OCTOBER 10TH AT 10AM REGISTRATION BEGINS AT 9:30AM

#### WHERE:

LANCASTER BAPTIST CHURCH CHRISTIAN LIFE CENTER 201 RICHMOND ST, LANCASTER, KY 40444

- REGISTRATION COST: \$15
- REGISTRATION DEADLINE: SEPTEMBER 26TH
- ATTENDEES ARE INVITED TO COME IN THEIR FAVORITE APRON
- EACH COUNTY IS ASKED TO BRING A \$25 GIFT BASKET FOR THE AREA PRIZE DRAWING.
- SPEAKER: DR. CYNTHIA
  WILLIAMS RESOR FROM
  EASTERN KENTUCKY
  UNIVERSITY HIGHLIGHTS THE
  LIVES OF KENTUCKY WOMEN
  THROUGH EARLY 19TH-CENTURY
  RECIPES, FOODWAYS, AND THE
  OFTEN-OVERLOOKED "WOMEN'S
  WORK" OF THE PAST IN HER
  CAPTIVATING PRESENTATION!

Cooperative Extension Service MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

Educational programs of Kentucky Cooperarive Extensions erver all people regardless of economic or social status and will not discriminate on the basis of race, color, echinic origin, national origin, erecel, religion, political beliefs, ex, sexual orientation, gender identity, gender expression, prepaner, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retallation for prior evil rights activity, Reasonable accommodation of disability may be available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating Scientific Marita Status, and Status and S









## FORT HARROD AREA ANNUAL MEETING REGISTRATION

COST: \$15 | NO REFUNDS

MAKE CHECKS PAYABLE TO:

GARRARD COUNTY HOMEMAKERS ASSOCIATION

IC DIETARY

(LEE'S FAMOUS RECIPE WILL CATER THIS YEAR'S MEETING.)

PLEASE SEND THIS FORM AND YOUR PAYMENT TO THE GARRARD COUNTY EXTENSION OFFICE BY SEPTEMBER 26<sup>TH</sup>. 1302 STANFORD ROAD LANCASTER, KY 40444 FOR ANY QUESTIONS, CALL THE OFFICE AT 859-792-3026 OR EMAIL GARRARD.EXT@UKY.EDU.

Cooperative Extension Service MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Agriculture and Natural Resources status, genetic in accommodation University of Ket Community and Economic Development Lexington, KY 4

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### ADULT

### **HEALTH BULLETIN**



#### SEPTEMBER 2025

Download this and past issues of the Adult, Youth, Parent, and Family Caregiver Health Bulletins: http://fcs-hes.ca.uky.edu/ content/health-bulletins Boyle County Extension Office 99 Corporate Drive Danville, KY 40422 (859) 236-4484

#### THIS MONTH'S TOPIC

#### LEARN HOW TO HELP: QPR SUICIDE PREVENTION TRAINING



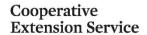
Lexington, KY 40506

suicide is a serious public health issue in Kentucky, especially among young people. It's the second leading cause of death for people ages 10 to 34 in our state. The good news is that we can all be part of the solution. The University of Kentucky is working to make sure that every Kentuckian knows how to help someone in a crisis. They're asking a powerful question: If someone you loved were struggling, would you know what to do?

Many people don't. That's where QPR comes in. **QPR stands for Question, Persuade, and Refer.** These are three simple steps that anyone can learn to help

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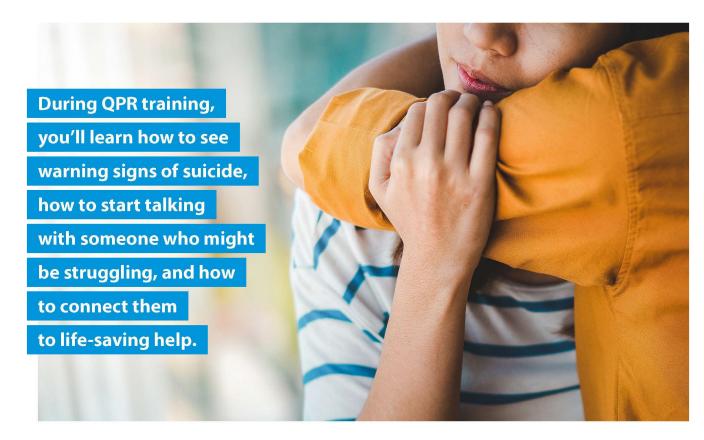
Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development

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#### Continued from the previous page

someone who might be thinking about suicide. It's similar to CPR, which is used in heart emergencies. Just like CPR can save lives, QPR can help save someone going through a mental health crisis.

The QPR training is quick and easy. It's free, it's online, and it only takes about 30 minutes to complete. During the training, you'll learn how to see warning signs of suicide, how to start talking with someone who might be struggling, and how to connect them to life-saving help.

The University of Kentucky and the Healthy Kentucky Initiative are encouraging everyone to take the training, especially during September, which is Suicide Prevention Month. The more people who learn QPR, the stronger the safety net becomes for those at risk.

Whether it's a friend, family member, or someone in your community, you have the power to make a difference. QPR gives you the tools to help when it matters most. You can take the free QPR training now at kyqpr.ukhc.org.

Also important to know, **Kentuckians in crisis** can now connect with suicide prevention, mental health, and substance use counselors using a nationwide, easier-to-dial phone number

— **988.** This service is available 24 hours a day, 7 days a week, 365 days a year, at no charge. Callers to 988 connect with a compassionate, highly trained counselor who can help address their issues as smoothly as possible. You can also call anonymously on behalf of someone else or to obtain information about options for helping someone in need.

If you or someone you know is in crisis, please reach out for help.

#### **REFERENCES:**

- https://988.ky.gov
- https://kyqpr.ukhc.org

Written by: Katherine Jury,

**Extension Specialist for Family Health** 

**Edited by:** Alyssa Simms **Designed by:** Rusty Manseau **Stock images:** Adobe Stock



# FAMILY CAREGIVER HEALTH BULLETIN



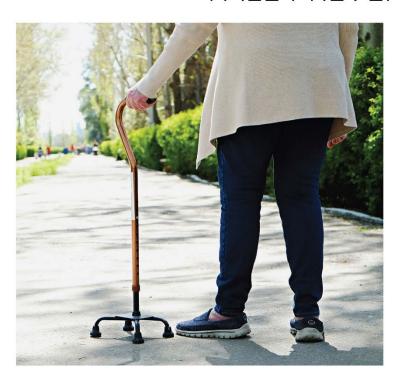
#### SEPTEMBER 2025

Download this and past issues of the Adult, Youth, Parent, and Family Caregiver Health Bulletins:

http://fcs-hes.ca.uky.edu/ content/health-bulletins Boyle County Extension Office 99 Corporate Drive Danville, KY 40422 (859) 236-4484

#### THIS MONTH'S TOPIC

#### FALL PREVENTION



ept. 22-26 is Fall Prevention Awareness Week. This nationwide week reminds us that falls among older adults is a public health crisis. According to the Centers for Disease Control and Prevention, 1 in 4 older adults age 65 and older fall each year. Falls are the leading cause of serious injury. They include fractures and head trauma, as well as emergency room visits and even injury-related death. Falls impact independence and quality of life. They give rise to a fear of falling and can reduce active living as a result. Falls are also associated with significant financial burden and rises in health care costs.

It is important to talk about falls because they are preventable. Many groups, like the CDC have initiatives and evidence-based falls prevention programs to help address

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#### Cooperative Extension Service

Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development

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Lexington, KY 40506







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fall risk and promote prevention. For example, STEADI (Stopping Elderly Accidents, Deaths and Injuries) is a national initiative aimed at preventing falls among community-dwelling adults 65 years and older, https://www.cdc.gov/steadi. Bingocize® is a 10-week workshop that combines the game of Bingo, exercise, and health education, including fall prevention. It can be played in-person or remotely. A Matter of Balance is an eight-week program that aims to reduce fear of falling and increase activity levels. CAPABLE (Community Aging in Place — Advancing Better Living for Elders) is a five-month program that uses occupational therapists, nurses, and handymen who provide home modifications. To explore a full list of evidence-based programs proven to help older adults reduce the risk of falling, go to the National Council on Aging at https://www.ncoa.org/article/evidence-basedfalls-prevention-programs. You can also call your local County Extension Office to see what they are doing to prevent falls in your community.

#### Key strategies to help prevent falls, according to the Mayo Clinic and NIH include:

- Regular physical activity
- Balance and strength training
- Fall-proofing your home (decluttering, better lighting, properly installed grab bars and handrails, non-skid slip mats and rugs, keeping essential items in easy-to-reach places)

- Medication management (review medications, understand side effects)
- Regular vision and hearing tests
- Wear sensible, properly fitting, sturdy, flat shoes with non-skid soles
- Stand up slowly
- Stay hydrated
- Eat a well-balanced diet and nutritious foods
- Limit alcohol consumption
- Stay active and engaged
- See a health-care provider regularly

#### REFERENCES:

- CDC. (2024). Older Adult Fall Data. Retrieved July 15, 2025 from https://www.cdc.gov/falls/data-research/index. html#:~:text=Older%20adult%20falls%20reported%20by,2
- Mayo Clinic. (2024). Fall Prevention: Simple Tips to Prevent Falls. Retrieved July 15, 2025 from https://www.mayoclinic.org/healthy-lifestyle/healthy-aging/in-depth/fall-prevention/art-20047358#:~:text=Secure%20loose%20 rugs%20with%20double,for%20the%20shower%20or%20tub
- National Council on Aging. (2023). Evidence-Based Falls Prevention Programs. Retrieved July 15, 2025 from https://www.ncoa. org/article/evidence-based-falls-prevention-programs
- National Institute on Aging. (2022). Falls and Fractures in Older Adults: Causes and Prevention. Retrieved July 15, 2025 from https://www.nia.nih.gov/health/falls-and-falls-prevention/ falls-and-fractures-older-adults-causes-and-prevention

**Written by:** Amy F. Kostelic, Associate Extension Professor, Adult Development and Aging

Edited by: Alyssa Simms
Designed by: Rusty Manseau
Stock images: Adobe Stock

#### **Upcoming Events & Classes**

TASTING PARTY.

CALLING ALL COOKS AND BAKERS! ON SEPTEMBER 18<sup>TH</sup> THERE WILL BE A TASTING PARTY ON MAIN STREET FEATURING YOUR HOMEMADE FALL FLAVORED TREATS. YOU WILL NEED TO PREPARE YOUR RECIPE AND HAVE IT READY TO SERVE ABOUT 40-50 BITES. IF YOU WOULD LIKE TO PARTICIPATE PLEASE EMAIL YOUR RECIPE TO ALETHEA BRUZEK BEFORE SEPTEMBER 12<sup>TH</sup>. DETAILS FOR DROP OFF WILL BE GIVEN WHEN THE RECIPE IS RECEIVED.

DEADLINE TO REGISTER: SEPTEMBER 12TH



**COLLECT RECIPES** 

EMAIL YOUR RECIPE:

Prepare to share YOUR recipe by making samples!

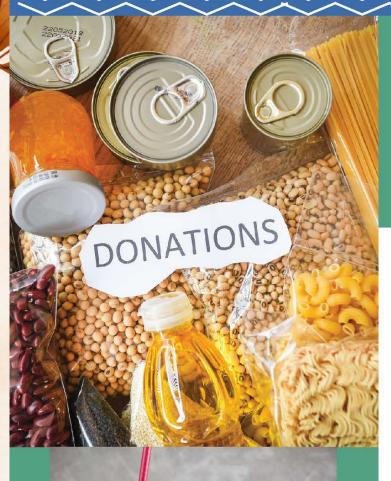


a.price@uky.edu



#### Martin-Gatton

College of Agriculture, Food and Environment University of Kentucky



### FOOD AND HYGIENE SUPPLY DRIVE

#### SEPTEMBER 2025

Drop off donations the whole month of September.

#### **ITEMS NEEDED:**

- Non Perishable Foods
- Canned Goods
- Personal Hygiene Items
- Cleaning Supplies

#### **BRING DONATIONS TO**

The Boyle County Extension Office 99 Corporate Drive Danville, KY 40422 ALL DONATIONS
SUPPORT ALL
LOCATIONS OF THE
HOUSING AUTHORITY
OF DANVILLE

#### Sew a Vintage Inspired Apron

Come sew a retro look for your holiday apron-1940's style in the 21st Centry. Today's many cute fabric prints make vintage style shine. Supply list will be sent after sign up. Limited space. Cost: \$7.00. Saturday, September 27, 9:30-4:00 pm

#### **Upcycle Boho-inspired Denim Skirt**

Come learn how to change a pair of jeans into a fun boho-inspired skirt. a detailed list of supplies will be sent after sign up. You must have sewing experience to participate. Limited space. Cost: \$7.00 Monday, October 6, 6:00-8:00 pm

#### Sew a Selvage Tote

Gather your selvages! After cutting off and saving your cotton selvages, this is an opportunity to create a unique tote. Size approximately 22" X 16" X 8". Bring all your selvages, 1 yard of a sturdy fabric such as canvas, duck cloth or denim; sewing machine and sewing supplies with neutral thread. Pick out a coordinating cotton fabric for lining and pockets; ¾ yard .Other supplies will be furnished. Cost is \$12.00. Friday, October 17, 9:30-3:00 pm

#### Let's Upcycle a Jacket

Using trim, lace, fabric pieces, vintage linens and your imagination, come turn a jacket into a unique Boho-influenced garment. A detailed list of supplies will be sent after sign up. You must have sewing experience to participate. Limited space. Cost: \$7.00.

Monday, October 20, 6:00-8:00 pm

#### **Folded Star Ornament**

Using pieces of fabric, pins and a styrofoan ball, participants will create a unique ornament. This technique transfers to other similar projects for home decor. All supplies will be furnished. Cost \$12.00.

Daytime: Thursday, November 13, 1:00-3:00 pm Evening: Thursday, November 13, 6:00-8:00 pm

#### Reed Snowflake

An interesting way to use reed and create a snowflake-like hanging ornament that is 13 inches diameter. Bring your hot glue gun if possible, but all supplies will be furnished. Cost \$7.00

Daytime: Thursday, November 20, 1:00-3:00 pm Evening: Thursday, November 20, 6:00-8:00 pm

#### **Macrame Snowflake**

Come learn how to use crochet thread to create a snowflake ornament. Little easier than crocheting a snowflake, using macrame knots make a unique Winter ornament. All supplies furnished. Cost \$7.00

Daytime: Tuesday, December 2, 1:00-3:00 pm Evening: Tuesday, December 2, 6:00-8:00 pm

PLEASE start saving your <u>SELVAGES!</u> We have several fantastic classes planned for this fall/winter and need selvages. One inch would be great, however all are appreciated. Thank you for helping!--Cynara

Join us and Make .....



Self Binding **Project Bag** 



10:00A-2:00P

Come join us and learn to make this project bag, perfect for keeping our various "projects" organized!

This class is open to confident beginner levels. Cost to attend is \$10-registration is via Eventbrite (QR code below).

A supply list will be emailed to you upon registration. Kits are available for an additional \$15 paid to the instructor on the day of class, via cash, Venmo or PayPal. Ages 18+.



You must be able to operate your own machine in order to attend.

> Instructor Regina Graham



MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMEN







SCAN ME!

### SEW A VINTAGE INSPIRED APRON







\$7

Location:

Boyle County

Extension

99 Corporate Dr.

Danville, Kentucky

Instructor: Mary Hixson

### 27TH 9:30A-4:30P

Come sew a retro look for your holiday apron-1940's style in the 21st Century. Today's many cute fabric prints make vintage style shine.

Supply list will be sent after sign up. Limited space. Cost: \$7.00. Saturday, September 27, 9:30 a.m.-4:00 p.m.

Detailed description about supplies needed will be sent upon registration.

This is a "beyond the beginner" sewing workshop.

Participants should be able to operate their machine
and know basic sewing skills. Ages 18+

Pattern Supplied!

SCAN QR CODE TO REGISTER



QUESTIONS OR HELP REGISTERING?

(859) 236-4484

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Educational programs of Kentilecky Cooperative Extension serverall people regardless of economics and and sufficient control programs of the state of region, political labeled, seek and will not edificient on the basis of resignit, notificial origin, motificial origin, conforcing for effective programs, marked labeled, seek, sepalsal orientation, gender politication, preprint programs, marked labeled, accommodation of dushful may be availabled accommodation of dushful may be available accommodation of dushful may be available in impaging other than England and the control origination of dushful may be available in impaging other than England and the control origination of dushful may be available in impaging other than England and the control origination of dushful may be available or program of the control origination of dushful may be available or program of the control origination of dushful may be available or program or description of the control origination of the control origination of the control origination of the control origination or description of dushful may be available or program or description of the control origination of the control origination of the control origination of the control origination or description of the control origination of the control origination or description or des



Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development

**Extension Service** 

Cooperative

## **UPCYCLED**

## BOHO INSPIRED DENIM SKIRT



Date

Monday, October 6th



Start At

6:00-8:00 p.m.



Address

Boyle County Extension 99 Corporate Dr. Danville, Kentucky

Come learn how to change a pair of jeans into a fun boho-inspired skirt. a detailed list of supplies will be sent after sign up. You must have sewing experience to participate. Limited space. Cost: \$7.00 Monday,
October 6, 6:00-8:00 p.m. Ages 18+

## CLICK HERE TO REGISTER NOW!

Cooperative Extension Service

Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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**Instructor: Mary Hixson** 





DHA

Saturday, September 20<sup>th</sup> 10:00 a.m.-2:00 p.m.

> Boyle County Extension 99 Corporate Drive

Join us and bring any craft/sewing "unfinished projects" you would like to finish! We will be here between 10:00a-2:00p on Saturday, September 20th. Come anytime during these hours to spread out and tackle those projects!

Call (859) 236-4484 if you plan to attend.

Bring your own lunch/snacks/supplies.

Cooperative Extension Service MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMEN

Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development and will not discriminate on the basis of race, color chinic origin, national origin, reced, religion, political belief, see, sexual orientation, genetic limiting under expression, pregnancy, martial status, genetic information, age, veteran status, physical or mental disability or reprisal or retailation for prior civil rights activity. Reasonable accommodation of disability may be available with piter notice. Program information may be made snallable in languages other than English. University of Kentucky, Kentucky State University, US. Department of Agriculture, and Kentucky Counties, Cooperating.





## FALL PLANT SWAP EVENT

FOR PERENNIALS, HOUSEPLANTS AND BULBS ONLY HEALTHY PLANTS ONLY- NO DISEASES OR INSECTS



Bring a plant, take a plant.

Have plants that need divided or want to share with others?
Need plants or bulbs to add to your landscape or home? Here is your chance!

September 26 10:00am -2:00pm

Come and Go Event at the

**Boyle County Extension Office** 

99 Corporate Dr, Danville, KY 40422
For more info, call the Boyle County Extension
Office (858)236-4484



Lexington, KY 40506

#### Cooperative Extension Service

Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development

#### MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.





Martin-Gatton
College of Agriculture,
Food and Environment



### SATURDAY OCTOBER 18TH

10:00A-3:00P

BOYLE COUNTY EXTENSION 99 CORPORATE DR. DANVILLE, KENTUCKY

Come join us for our first ever craft supply and swap sale! Taking place on Saturday October 18<sup>th</sup> at the Boyle County Extension office. Interested in selling? Click on the QR code below to apply as a vendor in our sale, which will include (2)-6 foot tables and chairs, approximately 10' x 10' space.

Cost for a booth is only **\$10**. Deadline to register is Wednesday, October 15<sup>th</sup>.

All proceeds will benefit community programming and classes.



Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

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EXINGTON, KY 40546













# Fort Harrod Area Heritage Craft Camp

October 25, 2025



To register complete registration form and mail with payment to:

Boyle County Extension 99 Corporate Dr. Danville, KY 40422

(Must be postmarked by deadline, September 30th)

Catalogs
Available at the
Extension
Office!

#### Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND EN

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:	28	21	14	7		SUNDAY	
	29 -Crochet Group-900a-BCEO -Sewing Friends-900a-BCEO	22 -Crochet Group-9:00a-BCEO -Sewing Friends-9:00a-BCEO	15 -Executive Board Meet-1200p-BCEO -Council Meeting-100p-BCEO -Crochet Group-900a-BCEO -Sewing Friends-900a-BCEO	8 -Crochet Group-9:00a-BCEO -Sewing Friends-9:00a-BCEO		MONDAY	
	30	23	16 -Pieceable Friends-5:00p- BCEO	9 -Lancaster Road Club 100th Celebration-BCEO- 3:00-6:00p	2 -Unguilded Quilters- 9:00a-BCEO	TUESDAY	
		24	17	10 -76'ers Homemakers-1:30p- BCEO	3 -Lancaster Road Homemakers- 10:30a-BCEO-	WEDNESDAY	
		25	18 -Fall Flavors Tasting Party-Main Street-Downtown Danville -Unguilded Quilters-9:00a- BCEO	⇉	4 -It's Sew Fine-BCEO-9a-500p -Wiblemess Trail Homemakers- 10:30a-BCEO	THURSDAY	Su Mo Tu We Th Fr 1 2 3 4 5 7 8 9 10 11 12 14 15 16 17 18 19 21 22 23 24 25 26 28 29 30
	•_	26 -Plant Swap-10a-2p-BCEO -Area Annual Meeting Registration DEADUNE	19 -Mobile Food Pantry- 12-2p-BCEO	12 -Tasting Party Registration DEADLINE -htenational Group-530p-BCEO	5 -It's Sew Fine-BCEO-9a-500p	FRIDAY	Sa Sa 6 6 20 20 20 20 20 20 20 20 20 20 20 20 20
		27 -Vintage Apron Class- 9:30a-4:30p-BCEO	20 -Self Binding Project-10a- 2p-BCEO -UFO Day 10a-2:00p -Aging Expo-10am-2pm at A Gathering Place on Jean Drive	13 -CONSTITUTION SQUARE FESTIVAL	6	SATURDAY	09 / 2025